

Webinar – Being an Ally:

Working with and Advocating for LGBTQ+ Unaccompanied Youth

ADDITIONAL RESOURCES

FINDING COMMUNITY

- [ACLU – How to Start a Gay-Straight Alliance \(GSA\)](#)
- [CDC – Gay-Straight/Genders & Sexualities Alliances](#)
- [CenterLink – The Community of LGBTQ Centers \(international non-profit organization and member-based association of centers and organizations serving local and regional communities\)](#)
- [GSA Network – Trans and Queer Youth Uniting for Racial and Gender Justice](#)
 - [How to Have A Awesome GSA](#)
- [LGBT National Help Center \(provides vital peer support, community connections, and resource information with services focused on sexual orientation and/or gender identity and expression\)](#)

FINDING HEALTH-CARE, MENTAL HEALTH, AND OTHER RESOURCES

- [National Center for Transgender Equality – Know Your Rights \(advocates to change policies and society to increase understanding and acceptance of transgender people\)](#)
- [GLMA – Health Professionals Advancing LGBTQ+ Equality, Find a Provider \(a national organization committed to ensuring health equity for lesbian, gay, transgender, and queer communities and equality for LGBTQ+ health professionals in their work and learning environments\)](#)
- [LGBT Yellow Pages – Use your search engine to check if there are yellow pages available for your city. You might also try this \[Pride Source Yellow Pages\]\(#\).](#)
- [Covenant House: Helping LGBTQ Youth Facing Homelessness.](#)
- [The Trevor Project \(support network for LGBTQ youth providing crisis intervention and suicide prevention, as well as 24-hour text line – text START to 678678\)](#)
 - [TREVOR: Helpful resources for finding a shelter or housing.](#)
- [Psychology Today – Find a Therapist \(searchable by various filters including sexuality\)](#)
- [NAMI – LGBTQ+ \(see “How to Find the Right Mental Health Professional” section\)](#)
- [NAMI – LinkedIn Post on LGBTQ+ Mental Health Resources](#)

IMMIGRATION PROTECTIONS & RELATED RESOURCES

- [USCIS – Victims of Criminal Activity: U Nonimmigrant Status](#)
- [USCIS – Abused Spouses, Children and Parents \(VAWA\)](#)
- [USCIS – Victims of Trafficking and Other Crimes \(T visa\)](#)
- [USCIS – Resources for Victims of Human Trafficking and Other Crimes](#)
- [ILRC – LGBT Immigrant Rights](#)
- [Immigration Equality – The nation’s leading LGBTQ and HIV-positive immigrant rights organization.](#)

HELPFUL ARTICLES & REPORTS

- [CNN, People who are gay, lesbian or bi have more mental health and substance abuse problems, survey finds \(June 15, 2023\)](#)
- [The Trevor Project, LGBTQ Youth from Immigrant Families \(April 30, 2021\)](#)
- [Center for American Progress – Serving LGBTQ Immigrants and Building Welcoming Communities \(January 24, 2018\)](#)
- [Urban Institute, Brief: Homeless LGBTQ Youth \(August 21, 2014\)](#)
- [Six Strategies to Ground Yourself After Getting Triggered \(June 23, 2022\)](#)

ASSOCIATIONS, NETWORKS, & SERVICE PROVIDER RESOURCES

- [American Psychological Association – Lesbian, Gay, Bisexual, and Transgender Health \(information and resources regarding LGBT health disparities and advocacy from the Office on Sexual Orientation and Gender Diversity\)](#)
- [Association of LGBTQ+ Psychiatrists – LGBTQ+ Resources \(a community of psychiatrists that educates and advocates for LGBTQ mental health issues\)](#)
- [Each Mind Matters Resource Center – LGBTQ Immigrant Youth Provider Fact Sheet \(English and Spanish\)](#)
- [GLAAD – Gay and Lesbian Alliance Against Defamation – Covering LGBTQ Immigration Issues](#)
- [GLSEN – Gay, Lesbian & Straight Education Network – \(founded by a group of teachers in 1990, national education organization that works to ensure that LGBTQ students are able to learn and grow in a school environment free from bullying and harassment\)](#)
- [National LGBT Health Education Center – Glosario de términos LGBT para equipos de atención a la salud](#)
- [Society for Sexual, Affectional, Intersex, and Gender Expansive Identities, Resources \(SAIGE\) \(counselors and related professionals serving sexual, affectional, intersex and gender expansive communities\)](#)

OTHER HELPFUL ORGANIZATIONS



- National Gay and Lesbian Task Force
1-202-393-5177
www.ngltf.org
- LAMBDA GLBT Community Services
1-206-350-4283
<http://www.qrd.org/qrd/www/orgs/avproject/main.htm>
- Northwest Network of Bisexual, Trans, Lesbian & Gay Survivors of Abuse
1-206-568-7777
www.nwnetwork.org
- SAGE National LGBT Elder Hotline
877-360 LGBT (5428)
www.sageusa.org
- Trans Lifeline
877-565-8860
www.translifeline.org