## ADDITIONAL RESOURCES

### FINDING COMMUNITY

- ACLU – How to Start a Gay-Straight Alliance (GSA)
- CDC – Gay-Straight/Genders & Sexualities Alliances
- CenterLink – The Community of LGBTQ Centers (international non-profit organization and member-based association of centers and organizations serving local and regional communities)
- GSA Network – Trans and Queer Youth Uniting for Racial and Gender Justice
  - How to Have A Awesome GSA
- LGBT National Help Center (provides vital peer support, community connections, and resource information with services focused on sexual orientation and/or gender identity and expression)

### FINDING HEALTH-CARE, MENTAL HEALTH, AND OTHER RESOURCES

- National Center for Transgender Equality – Know Your Rights (advocates to change policies and society to increase understanding and acceptance of transgender people)
- GLMA – Health Professionals Advancing LGBRO+ Equality, Find a Provider (a national organization committed to ensuring health equity for lesbian, gay, transgender, and queer communities and equality for LGBTQ+ health professionals in their work and learning environments)
- LGBT Yellow Pages – Use your search engine to check if there are yellow pages available for your city. You might also try this [Pride Source Yellow Pages](#).
- Covenant House: Helping LGBTQ Youth Facing Homelessness.
- The Trevor Project (support network for LGBTQ youth providing crisis intervention and suicide prevention, as well as 24-hour text line – text START to 678678)
  - TREVOR: Helpful resources for finding a shelter or housing.
- Psychology Today – Find a Therapist (searchable by various filters including sexuality)
- NAMI – LGBTQ+ (see “How to Find the Right Mental Health Professional" section)
- NAMI – Linkedin Post on LGBTQ+ Mental Health Resources

### IMMIGRATION PROTECTIONS & RELATED RESOURCES
USCIS – Victims of Criminal Activity: U Nonimmigrant Status
USCIS – Abused Spouses, Children and Parents (VAWA)
USCIS – Victims of Trafficking and Other Crimes (T visa)
USCIS – Resources for Victims of Human Trafficking and Other Crimes
ILRC – LGBT Immigrant Rights
Immigration Equality – The nation’s leading LGBTQ and HIV-positive immigrant rights organization.

HELPFUL ARTICLES & REPORTS
- CNN, People who are gay, lesbian or bi have more mental health and substance abuse problems, survey finds (June 15, 2023)
- The Trevor Project, LGBTQ Youth from Immigrant Families (April 30, 2021)
- Center for American Progress – Serving LGBTQ Immigrants and Building Welcoming Communities (January 24, 2018)
- Urban Institute, Brief: Homeless LGBTQ Youth (August 21, 2014)
- Six Strategies to Ground Yourself After Getting Triggered (June 23, 2022)

ASSOCIATIONS, NETWORKS, & SERVICE PROVIDER RESOURCES
- American Psychological Association – Lesbian, Gay, Bisexual, and Transgender Health (information and resources regarding LGBT health disparities and advocacy from the Office on Sexual Orientation and Gender Diversity)
- Association of LGBTQ+ Psychiatrists – LGBTQ+ Resources (a community of psychiatrists that educates and advocates for LGBTQ mental health issues)
- Each Mind Matters Resource Center – LGBTQ Immigrant Youth Provider Fact Sheet (English and Spanish)
- GLAAD – Gay and Lesbian Alliance Against Defamation – Covering LBTQ Immigration Issues
- GLSEN – Gay, Lesbian & Straight Education Network – (founded by a group of teachers in 1990, national education organization that works to ensure that LGBTQ students are able to learn and grow in a school environment free from bullying and harassment)
- National LGBT Health Education Center – Glosario de términos LGBT para equipos de atención a la salud
- Society for Sexual, Affectional, Intersex, and Gender Expansive Identities, Resources (SAIGE) (counselors and related professionals serving sexual, affectional, intersex and gender expansive communities)

OTHER HELPFUL ORGANIZATIONS

[logos for American Bar Association and Children's Immigration Law Academy]
- National Gay and Lesbian Task Force
  1-202-393-5177
  www.ngltf.org

- LAMBDA GLBT Community Services
  1-206-350-4283

- Northwest Network of Bisexual, Trans, Lesbian & Gay Survivors of Abuse
  1-206-568-7777
  www.nwnetwork.org

- SAGE National LGBT Elder Hotline
  877-360 LGBT (5428)
  www.sageusa.org

- Trans Lifeline
  877-565-8860
  www.translifeline.org