



Resources for Supporting LGBTQIA+ Youth

Houston:

The Montrose Center: <https://www.montrosecenter.org/>

Hatch Youth Groups: <https://www.montrosecenter.org/hatch-youth/>

How to Join Hatch Youth: If you are a parent or youth who would like to learn how to join Hatch, please contact Ky Hill (they/them) at program@hatchyouth.org or call 713-529-0037 x368 to schedule an intake appointment.

A great resource in **Houston** is Gender Infinity: This is a local group that provides gender-affirming resources, an annual conference and summer camp, a resource finder, and family gatherings. <https://genderinfinity.org/>

PFLAG Houston is a national organization with local chapters of parents of LGBTQ+ youth that meets weekly and provides support and resources. <https://www.pflaghouston.org/>

National:

- **Suicide Hotline** and many education resources: Trevor Project: <http://www.thetrevorproject.org/>
- **CDC Website** – has many links and tools: https://www.cdc.gov/healthyyouth/safe-supportive-environments/lgbtq_youth.htm
- **Publications LGBTQIA+ Children and Youth from National LGBTQIA+ Health Education Center:** <https://www.lgbtqiahealtheducation.org/resources/in/lgbtqia-youth/type/publication/>
- **Glossary:** <https://pflag.org/glossary>
- **Gender Spectrum** <https://genderspectrum.org/>
- **GLSEN:** <https://www.glsen.org/activity/respect-all-policy-recommendations-support-lgbtq-students> Provides education for policymakers and practitioners, particularly at the district and school levels, with concrete recommendations for creating safe, affirming learning environments that uphold the dignity of all students.
- **Toolbox to Promote Healthy LGBTQ Youth** Collection of resources and documents to supplement the Respect Workshop: Preventing Health Risks and Promoting Healthy Outcomes among LGBTQ Youth.
- **LGBT Youth Resources:** Fact sheets, best practices and resources for supporting LGBTQ youth.
- **Human Rights Campaign:** <http://www.welcomingschools.org/>
- **APA:** <http://www.apa.org/pi/lgbt/programs/safe-supportive/lgbt/>
- **American Association of School Counselors:** <https://www.schoolcounselor.org/asca/media/asca/Publications/SupportingSafeHealthySchools.pdf>
- **Trans Lifeline** <https://translifeline.org/>
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- **Transgender 101: Identity, Inclusion, and Resources - UUA** <https://www.uua.org/lgbtq/identity/transgender>

- **National Center for Trans Equality** <https://transequality.org/>
- **[WPATH World Professional Association for Transgender Health](http://www.wpath.org/)** The World Professional Association for Transgender Health (WPATH), is a 501(c)(3) non-profit, interdisciplinary professional and educational organization devoted to transgender health. www.wpath.org
- **John Hopkin's Center for Transgender Health** <https://www.hopkinsmedicine.org/center-transgender-health/patient-resources/resources.html>
- **LGBTsocialwork.com:** <http://www.lgbtsocialwork.com/home.html>
- **Speakout:** Free resources to promote LGBTQ inclusion <https://www.speakoutfoundation.net>
- **Gay-straight alliances.** Gay-straight alliances (GSAs) have been found to help LGBTQ youth as well as heterosexual, cisgender youth. The <https://gsanetwork.org/> has developed tools for creating and supporting GSAs.
- **Parent engagement.** Family acceptance has been linked to positive health outcomes for sexual and gender minority youth. The <https://familyproject.sfsu.edu/> offers resources to strengthen family support of LGBTQ youth.

Spanish Language Resources:

<https://luxekurves.com/2021/01/19/lgbtq-terms-to-know-in-spanish/>

LGBTQ Glossary Glosario LGBTQ:

https://mcusercontent.com/8a71d68dde460ace5e2f9b393/files/ed0a232c-e4fc-4448-bf31-68c3805d27c1/NMDOH_LGBTQ_English_Spanish_Glossary_Fall_2020.pdf

National LGBT Health Education Center Glossary: <https://www.lgbtqiahealtheducation.org/wp-content/uploads/2018/03/National-LGBT-Health-Education-Center-Glossary.SPANISH-2018.pdf>

- **HRC** <https://www.hrc.org/es/resources>
- **Somos Familia:** <https://www.somosfiliabay.org/resources/>
- **GLAAD Para los Padres y las Familias/For Parents & Families:** <https://www.glaad.org/familia>
- **PFLAG NUESTRAS/OS HIJXS:** <https://pflag.org/nuestrashijxs>
- **Glosario de términos LGBT para equipos de atención a la salud**
<https://www.lgbtqiahealtheducation.org/publication/glosario-de-terminos-lgbt-para-equipos-de-atencion-a-la-salud/>



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